



What are Energy Blockages; Why are they there; How did they get there; and how are they affecting our Health?

A discussion with Irene Ying Ying Chung

Almost all of us have at one time or another experienced pain and discomfort in our bodies. Sometimes the pain is caused by accidents or outside factors. Many times we don't know the cause. We often attribute our pain and discomfort to stress and old age. So what causes stress? We feel stressed because of the energy that we hold in our bodies. The holding of energy creates blockages that cause us discomfort and pain because energetic blockages impede the natural flow of energy in our bodies.

We will be discussing ***what are energy blockages; why are they there; how did they get there; and how they are affecting our health.*** This is a must class for those who are experiencing pain. Whether you are working with a healer or healing yourself, it is important to learn how your body holds energy and why you need to release it.

When: Tuesday, October 6th, 2009
Time: 7:00 pm – 9:00 pm
Where: The Body Restoration Clinic
2905 Stender Way #68, Santa Clara, CA 95054
Cost: **\$25.00 (Light Refreshments will be served)**

Please RSVP by Monday, October 5th, 2009 (Limited Seating)

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Irene Ying Ying Chung is an Energy Consultant who assists people in the understanding of what energy is and how to use energy in their lives. She also assists people in using stones and crystals to create balance and harmony in their lives and their environment. To learn more about Irene Ying Ying Chung, please visit our website at www.YingYingChung.com.